



Expressions...

The Alumnae Newsletter



Vol 31, July 2024

St Ann's College of Education (Autonomous), Mangaluru

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The President Speaks...

Dear Alumnae,

I hope this message finds you well. Your contributions to the College have been invaluable, and your success in your respective fields continues to inspire current students and faculty alike. I encourage you to stay connected with your Alma Mater and take advantage of the Alumni Association's growing network. Your feedback, engagement, and support are vital in shaping the future of our institution. I invite you to join hands with us in continuing to uphold the values of academic excellence and social commitment that define our College.

In this newsletter, you will find a recap of the activities and events that have taken place in the College over the past year, shedding light on the positive impact of our alumni community. Thank you for being an integral part of our institution, and I look forward to your continued involvement and support in the coming year.

It is with great sorrow that we recall the demise of our former Principal, Sr Vincenza (1930 -2024), who winged her flight to God on 14 January 2024. She began her service in the College in 1966 as a lecturer and served as the Principal of the College from 1973 - 1989. Her legacy and dedication to the College have left an indelible mark on all of us. Sr Vincenza's leadership shaped the institution and inspired countless students and faculty members. We are forever grateful for her vision, compassion, and unwavering commitment to academic excellence and social values. As we reflect on her contributions, let us honour Sr Vincenza's memory and carry forward the values she instilled in us. Her impact will continue to guide us as we strive to uphold the standard of excellence she worked so tirelessly to establish.

In loving memory of our former Principal, we lovingly dedicate this newsletter to Sr Vincenza, who had been a sparkling good news to this institution. We also present a series of articles that pay tribute to her remarkable contributions. She was the dynamic good news of greatness, of affection, of accomplishments, and of potentialities explored and brought to fruition during her time in the College. These articles aim to celebrate her legacy and the lasting impact she has had on our college community. We hope that through these writings, we can honour Sr Vincenza's memory and continue to be inspired by her unwavering dedication to academic excellence and social values.

I also want to take a moment to honour the memory of our alumni who passed away during the previous year. Their legacy and contributions to the College will forever be remembered, and we pray for their eternal peace.

Warm regards,

Dr Sr Dorothy DSouza AC



Tribute of Love



Sr Vincenza AC

1930-2024

It is with profound regret, St Ann's College of Education condoles the sad demise of Sr Vincenza A.C., the former Principal of our College who left to the heavenly abode on January 14, 2024 at Annunciation Convent, Ladyhill. We pay loving homage to the dear departed soul of our dear sister.

Jesus said, "I am the resurrection and the life. Anyone who believes in me will live, even after dying. Everyone who lives in me and believes in me will never ever die". So persons who depart from this earth never truly leave, for they continue to stay alive in our hearts and minds. We pray for the eternal rest to the noble soul.

We fondly recall her contribution to our college

Sr Vincenza was appointed as the Principal of St Ann's College of Education from 1973. Though, in 1974-75, the Registrar of Mysore University recommended to the Government, permanent recognition to the college, it took much effort on the part of Sr Vincenza who succeeded as Principal, to secure it. Finally, permanent affiliation of the college from the year 1974-75 was secured in 1976. In the meantime grant was also sanctioned towards the CEBEMO Project and a subsidy from Indo-German Social Service Society, for the Extension Services Building of St Ann's College of Education and the additional building for the college. This was secured through the efforts of Sr Hedwige. Sr Vincenza implemented the project, by undertaking the construction of the Extension Block of the B.Ed., on the site of the Red Building adjacent to the existing block and also a new block for the college.

The College came under the newly started Mangalore University in 1980. The Mangalore University had no Department of Education, as a result of which the graduate students had no facility for the M.Ed. Programme. The University Statutes had no provision for the postgraduate courses to be conducted by affiliated colleges. In view of the favourable attitude of the Vice Chancellors towards permitting the private colleges of education to run the M.Ed. programme, a revision of the Statutes was drawn up and finalized. That's how Sr Vincenza



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worked tirelessly to upgrade the college.

Through the grant provided by a NGO, the facility for setting up a Computer Centre and for using a part of it as seed money for the proposed M.Ed. programme. Several outreach projects have been taken up, mainly for the staff and students of the College and also those of the economically backward schools in the district. The grants helped the College to develop a well-fitted library with books, journals and encyclopaedias, which served as a resource centre for various centres of higher learning. During her tenure as Principal, she undertook projects in the areas of Leadership, Development for Higher Education, Faculty Development for Enhanced Teaching and Learning, Campus- Community Partnerships, Culture and Religion in Asia. She encouraged the faculty to undertake research activities, to present papers at National and International conferences, to publish research articles and to bring out other publications. She always demanded perfection, good and legible handwriting and clear communication. Moreover she was an affectionate, kind and understanding person.

In loving memory of a remarkable leader whose passion for knowledge ignited the flames of curiosity in all, you will be dearly missed.

To the leader who not only educated minds but also touched hearts, your legacy will forever inspire generations to come.

A loving tribute from

Principal, Staff and Students of St Ann's College of Education

TEACHER OF TEACHERS

Sr Vincenza was the Principal at St Ann's College of Education with varied commissions and responsibilities. She was the District Commissioner for Guides leading a host of Leaders as well as Girl Guides in the Bharath Scouts and Guides Movement; she was the Provincial Councillor for Education of the Karnataka Province animating the educational institutions in the Province. However, I would like to christen her with the title 'Teacher of Teachers'. She started her apostolate in the Apostolic Carmel as a Kindergarten Teacher and she retained exhibited foremost this special, beautiful quality throughout her life- a Learner Centred Teacher from the lowest class and even as the Teacher Educator guiding the student teachers. Why do I say so?

- *Good teachers engage with a fabulous classroom presence and establish creative learning sessions all the time: Sr Vincenza as I know kept her class all attentive and ready to learn with her cheerful demeanor, lively discourses, accurate information, apt illustrations and quotes and wise as well as creative direction and guidance in techniques and methodologies. The students were at home with her in every class.*
- *Effective teachers are adaptable and flexible to change in an evolving environment constantly. Sr Vincenza was open to changes when teaching techniques evolved by goading and encouraging the student teachers to look towards adopting dynamic techniques and teaching skills so that they in made their classes alive and made teaching-learning, a delight. There was no second thought when something creative, new and effective had to be adopted so that they kept themselves constantly upgraded.*
- *Good teachers are strong communicators as effective teaching requires brilliant communication skills. Wherever Sr Vincenza went as a Lecturer, a resource person the audience listened to her spell bound. She had the ability to embrace them in her gaze during her delivery and provide wise responses to all their queries, all in a charming yet convincing manner.*
- *Empathy and understanding are essential keys to determining each student's strengths and weaknesses. Sr Vincenza was a great educator with tremendous connect with her students. They saw in her a person they could approach in good times, in hard and sad moments. She made time for all, wiping a tear in their eye and placing a supportive hand on their shoulders. Host of students remember her the best for this special gift and quality of hers.*
- *Dedication towards education with an open mind is a key to strengthen constant relationships and build contacts and connectivity: While Sr Vincenza dedicated her life for the all round growth of her students she kept herself alive finding ways to maintain her contact with all her friends. Many a time she was found at her chair in her office room preparing dainty velvety flowers and beautiful little cards to greet her friends and well wishers. I guess many of them have preserved them to cherish her love and affection.*

Let me conclude with an adapted quote: "You filled the dark sky with twinkling stars; you were like a key to open the lock to a brighter, the intellectual world; a sage who imparted wisdom and knowledge; an epitome of humanity serving the nation and caring for the world. You truly performed the duty of a human being, a teacher of teachers creating the nation's future, nurturing them with values. Behind every successful person, their effort and greatness lies. Without them the world would better be a jungle".

Sr Dr M. Lydia Fernandes A.C.

Former Principal (1989 -2003)
St Ann's College of Education

Here is short write up on what I could recall on this magnanimous person called Sister Vincenza, with whom I was blessed to work with as member of faculty at St Ann's College of Education.

“SISTER M VINCENZA A.C., THE SHINING STAR OF ST ANN'S COLLEGE OF EDUCATION”

What can I talk about this innocent personified Sister? It is hard to describe her in mere words.

She was kind, affectionate and generous in her dealings with staff, students and others.

She had an unparalleled concern to the needs and welfare of students and staff.

She was just and fair to every staff and every student.

She was frank and outspoken, sometimes even dared to appear blunt.

It was a treat to see her at work, so meticulous in every detail with her beautiful handwriting.

When alone, she was found busy in preparing beautiful greeting cards.

Even though she had an honours degree in biological sciences, she was an artist and poet in the use of English language.

She was adventurous and a comrade, in travel, taking care of every need of every co-traveller.

Being an ideal teacher, she had a rare combination of professional skills and in depth knowledge of subjects she taught.

Always she spoke in positivity filled words. She acted with solemn determination. It was a rare combination to be remembered and emulated by every teacher.

She was a living example to the student community and the staff.

She had the courage of her convictions for the ideals she held, often exhibiting saintly wisdom.

A human and humane being of integrity, dedication and commitment to tasks she undertook.

Being highly spiritual, she used to recognise virtue in every small act of kindness and sincerity in others.

Indeed she was the shining star of the St Ann's College of Education.

I salute this great human being for all that she was and for all she had done to education and to society in her lifetime.

Ameer Hassan Arkula, Former Professor, St Ann's College of Education

All that I know about Late Rev. Sr Vincenza, A.C. The Former Principal of St Ann's College of Education, Mangaluru

As I travelled through the “Memory Lane” of St Ann's College of Education during her tenure ever since I joined as a Lecturer till the date I wish to share all my reminiscences with utmost humility, honour and privilege. Certainly my repertoire is inadequate to verbalise all that I know about this great personality, a visionary who performed well althrough her life.

I wish to proclaim that an ‘Aura of Brilliance’ has departed from our St Ann's Community. She has been indeed a life time memory for all those who have been mentored, in acquaintance with her and worked with her. Indeed Rev Sr Vincenza was/is a ‘Role model’ as a principal, as a teacher educator, a successful administrator and has won over the hearts of everyone of us. Caring every one; Respecting everyone were her ‘Born Gifts’.

Rev. Sr Vincenza was a distinguished academician with high levels of competencies, integrity, moral and institutional commitment. Initially our college was affiliated to University of Mysore. Rev. Sr had an excellent coordination with all the Principals and the staff of all the Colleges of Education affiliated to the University. Rev. Sr would volunteer for Central Valuations, Board of Studies Meetings, Drafting Syllabus, Organization of Seminars and workshops. When Mangalore University came into existence, Rev. Sr used to assist the University with utmost concern. As a Dean for the Faculty of Education, Syndicate Member, Chairman of Board of Studies Rev. Sr would help the University with a personal concern in its affiliation work Examination, Paper Setting, Central Valuations including Tabulations most of the work used to held in our College.

Rev. Sr was an excellent, successful administrator. She used to maintain perfect official coordination with the Department of Education, D.S.E.R.T. The College never used to face any difficulties regarding the Sanction of Grants, Approval of Posts, Salaries etc. Rev. Sr had excellent, effective and affective communicative competencies. She was very eloquent in terms of fluency, diction, ability to use a passionate eloquence which infact was the Secret of her ‘success’. Rev. Sr was commendable, and extraordinarily brilliant ‘Teacher Educator’. Despite being in hectic schedule and innumerable responsibilities, Rev. Sr would always prepare her lessons with Black Board summary well crafted and beautiful handwriting.

Sr Vincenza always used to insist on ‘Teaching Excellence’ in all the ‘Disciplines’, Teaching Sciences with the ‘Dissections and Lab methods’ were a must for student-teachers and the teacher educators. Sr Would take special interest in supervising such lessons to inspire the students and the Teacher Educators. None of us can forget her ‘Pronunciation classes during morning assemblies’. She used to take special interest in correcting handwriting books of the students. Rev. Sr was highly compassionate, empathetic, loving, caring and generous. She was one of the best human beings ‘Par Excellence’. Her commitment to Professional and Personal endeavours of the Staff, her humanitarian approach and simplicity will remain a perennial source of inspiration to all of us. Rev. Sr has left a lasting impression in all our lives. Let us vow to diligently follow her foot prints. I am sure Rev. Sr will surely bless us if we pledge to pursue the highest levels of excellence in everything we do henceforth.

With overwhelming gratitude, I sincerely ‘Thank’ Rev. Sr Vincenza . . .



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Dr Mrs Padmavathi M

Former Professor

St Ann's College of Educaation(Autonomous)

ಭಗಿನಿ ವಿನೈರಝಾ - ಸದಾ ನಮ್ಮವರು

ಪ್ರೀತಿಯಿಂದ ನೀಡಿದ ಆತಿಥ್ಯ
ಪ್ರೀತಿಯಿಂದ ಕೊಟ್ಟ ಉಡುಗೊರೆ
ಪ್ರೀತಿಯಿಂದ ಸಲ್ಲಿಸಿದ ಸೇವೆಯನ್ನು
ಯಾರೂ ಮರೆಯುವುದಿಲ್ಲ
- ಡಾ.ಸಿ. ಆರ್ ಚಂದ್ರಶೇಖರ್

ನನ್ನ ಶೈಕ್ಷಣಿಕ ಬದುಕಿಗೆ ಗರಿ-ಗುರಿಗಳೆರಡನ್ನೂ ಮೂಡಿಸಿ ಅನನ್ಯತೆಗೆ ದಾರಿ ಮಾಡಿಕೊಟ್ಟು ಆದರ್ಶದ ಬೆಂಬತ್ತುವಂತೆ ವಿದ್ಯೆ, ಮೌಲ್ಯಗಳೆರಡರ ವಿಶೇಷತೆಗಳನ್ನು ಒಂದೇ ದೀವಿಗೆಯಲ್ಲಿರಿಸಿ ಬಾಳ ಜ್ಯೋತಿಯನ್ನು ಬೆಳಗಿಸಿದ ಭಗಿನಿ ವಿನೈರಝಾ ಎ.ಸಿ. ತಮ್ಮ ಚರಣಾರವಿಂದಗಳಿಗೆ ಸದಾ ಭಾಗಿ ನಮಿಸುವವು.

ತಮ್ಮಂಥ ವ್ಯಕ್ತಿತ್ವವುಳ್ಳವರು ಪ್ರಸ್ತುತ ಸಮುದಾಯದಲ್ಲಿ ತುಂಬಾ ವಿರಳ. ಒಮ್ಮೆಗೆ ನೋಡಿದರೆ ಶ್ವೇತ ಶುಭ್ರ ವಸ್ತ್ರದಾರಿ ಕೈ ಮುಗಿದು ಎದೆಯ ಗುಡಿಯೊಳಗೆ ಬಾ ಎಂಬ ಭಾವನಾತ್ಮಕತೆಯನ್ನು ನುಡಿಯಿರಿ ಹೊರಹೊಮ್ಮಿಸುವ, ಮಂದಸ್ಥಿತ, ನೇರ ನಡೆ ನುಡಿಯ ಆಳೆತ್ತರದ ಕಾಯದಲ್ಲೂ ಮುಗ್ಧ ಮಗುನಗು! ಯಾರು ನೋಡಿದರೂ ಅವರೆಲ್ಲರನ್ನೂ ಏಸುವಿನ ಸ್ವೀಕಾರದ ಕೈಗಳಿಂದ ತನ್ನ ಶೈಕ್ಷಣಿಕ ಆಧ್ಯಾತ್ಮಿಕ ವಲಯಕ್ಕೆ ಆಹ್ವಾನಿಸುವ ಭ.ವಿನೈರಝಾ ಸ್ತ್ರೀ-ಸಮಾಜಕ್ಕೆ ಮಾದರಿ.

ಒಲುಮೆ ಎಂಬ ಶಬ್ದಕ್ಕೆ ಇನ್ನೊಂದು ಪದವಿದ್ದರೆ ಇವರು. ಸದಾ ನಮ್ಮವರು ಮೌನವೇ ಮಾತಾಗುವ ಮಾತಿನಲ್ಲೇ ಮೌನವನ್ನು

ಹುದುಗಿಸಿಟ್ಟು ಇವೆರಡರಲ್ಲೂ ಶಿಕ್ಷಣ ತರಬೇತಿಗೆ ಹೆಚ್ಚಿನ ಆದ್ಯತೆ ಮಾನ್ಯತೆ ನೀಡಿರುವ ತಮ್ಮಿಡೀ ಜೀವನವನ್ನೇ ಮಾನವೀಯತೆಗೆ ಮುಡಿಪಾಗಿಟ್ಟ ಸ್ನೇಹಮಯಿ ಸಹೋದರಿಯೇ ಇವರಲ್ಲವೇ.

ಅಂತೆಯೇ ನಾನು ನನ್ನ ಉಪನ್ಯಾಸಕ ವೃತ್ತಿ ಪೂರ್ತಿ ಸೈಂಟ್ ಆನ್ಸ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯದಲ್ಲಿ ಸುಮಾರು ಮೂರುವರೆ ದಶಕಗಳಷ್ಟು ಕಾಲ ಸಾರ್ಥಕವಾಗಿ ನಿಭಾಯಿಸಲು ಕಾರಣರಾದವರೆಂದರೆ ಭ.ವಿನೈರಝಾ ಎನ್ನಲು ನನಗೆ ತುಂಬಾ ಹೆಮ್ಮೆ ಎನಿಸುತ್ತದೆ. ಓರ್ವ ದೈಹಿಕ ಶಿಕ್ಷಕನಾಗಬಹುದಾಗಿದ್ದ ನನ್ನನ್ನು ತಮ್ಮ ಸಂಸ್ಥೆಗೆ ಸೇರಿಸಿಕೊಂಡು ಬಿ.ಇಡಿ., ಎಂ.ಎ., ಎಂ.ಎಡ್., ಪಿ.ಹೆಚ್.ಡಿ ಮಾಡುವಲ್ಲಿ ಬೆನ್ನೆಲುಬಾಗಿ ನಿಂತು ಪ್ರೋತ್ಸಾಹಿಸಿದ ಅದಮ್ಯ ಚೇತನವೇ ಇವರು.

ಬದುಕು ಇಷ್ಟೇ ಅಲ್ಲ ಇನ್ನೂ ಇದೆ ಎಂದು ನಾನು ಹಲವು ಬಾರಿ ವೈಯಕ್ತಿಕ ಬದುಕಿನಲ್ಲೂ ವಿದ್ಯಾಲಯದ ಸಾಂಘಿಕ ಬದುಕಿನಲ್ಲೂ ಕೈಸೋತಾಗ ಮೇಲೆತ್ತಿದ ಕರ ಇವರದೇ ಎಂದು ಎದೆತಟ್ಟಿ ಹೇಳಬಲ್ಲೆ.

ಇಂಥ ಮಮತಾಮಯಿ ಕ್ಷಣ ಕ್ಷಣವೂ ಜೀವನದ ಹಾದಿಯಲ್ಲಿ ಧೈರ್ಯ ತುಂಬುವ ಜೀವನೋತ್ಸಾಹದ ಜಲಸಿಂಚನವೀವ ನನ್ನಂತಹ ಸಹಸ್ರಾರು ವಿದ್ಯಾಕಾಂಕ್ಷಿಗಳಿಗೆ ಛಲದ ಉಸಿರನ್ನು ಹಸುರಾಗಿಸಿದ ಮೇರುವ್ಯಕ್ತಿತ್ವದ ಭ.ವಿನೈರಝಾರವರ ಹೆಸರಿಗೆ-ಸ್ಥಾನಕ್ಕೆ-ಮಾನಕ್ಕೆ ಬೇರೆ ಹೆಸರನ್ನಿಡಬಲ್ಲ ಯಾರನ್ನೂ ನಾನು ಕಂಡಿಲ್ಲ.

ಡಾ| ಸುರೇಶ್ ಕುಮಾರ್ ಟಿ.,

ನಿವೃತ್ತ ದೈಹಿಕ ನಿರ್ದೇಶಕರು, ಸೈಂಟ್ ಆನ್ಸ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ

Good will - what's does it take?

Just a thought and an intent and a fond memory of a dynamic life.

Yesterday we bade goodbye to Sr Vincenza, a stalwart nun, educationalist and an amazing womanpreneur who changed the lives of many many women she engaged with. From motivating them to work, study further and keep going, she set the standards so high that you didn't realise how much you climbed looking up at her until you got to the top.

I knew her as my mom's personal champion and as the commissioner of guides for Dakshin Kannada. Under her, the Guides and Scouts movement thrived and shone bright.

Surprisingly this passion was led by this little diminutive dynamo in white, sharp, alert and persistent. She zeroed in on the pulse and took immediate action to rectify and all in all was one helluva woman. She embodied everything woman empowerment should stand for. She checked in on her staff, students teachers long after they had gone.

My best memories and life long friendships have stemmed from my guides tribe, the knots and the badges and the zeal that we can change the world still drives my everyday actions, beliefs and achievements. Then I was all of 12.

I met her 3 years ago delivering our annual Christmas cakes to the convent. Sr Vincenza was taken care of by the Ladyhill nuns. Dressed in her pristine white habit she smiled and conversed with me just like 40 years ago.

The convent nuns - do a lot of the unappreciated work, taking care of their retired nuns, keeping them in the comfort and dignity that we remember them by, in prayer and thanks and gratefulness.

And with so much grace.

So for those of you who wish to make a heartfelt gesture in memory of an amazing nun, you can contact me so we can do more in her memory and honour to take care of our wonderful AC convent nuns for their way of their service.

In just 24 hours, we have been contacted by many of Sr Vincenzas students relatives and well wishers to donate a mechanised bed and a few essentials to the care of the nuns.

Thank you each and every one of you and together we can do more for those who have done so much for us.

Ms Sharmila Martis

A Friend of Sr Vincenza



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ಅನನ್ಯ ವ್ಯಕ್ತಿತ್ವದ ಸಿಸ್ಟರ್ ವಿನೈರಯ್ಯಾ

ಒಬ್ಬ ವ್ಯಕ್ತಿ ವಿಕಸಿಸಲು ಸುತ್ತಮುತ್ತಲಿನ ಸನ್ನಿವೇಶ ಅತ್ಯಂತ ಪ್ರಭಾವಕಾರಿಯಾದ ಪರಿಣಾಮಬೀರುತ್ತದೆ ಎಂಬುದು ಸರ್ವವಿದಿತ. ಈ ಸನ್ನಿವೇಶ ನಮ್ಮೊಡನಾಡಿಗಳಿಂದಲೇ ಸೃಷ್ಟಿಯಾಗುತ್ತದೆ. ಇಂತಹವರ ಆದರ್ಶಗಳು, ಚಟುವಟಿಕೆಗಳು, ಮನೋಭಾವಗಳು ನಮ್ಮನ್ನು ಆಕರ್ಷಿಸಿದಾಗ ನಮಗೆ ಅರಿವಿಲ್ಲದೆಯೇ ಅವರು ನಮಗೆ ಹತ್ತಿರವಾಗುತ್ತಾರೆ. ಅವರ ವರ್ತನೆಗಳು, ನಡೆವಳಿಕೆಗಳು ಸಹಜವಾಗಿಯೇ ನಮಗೆ ಮಾದರಿಯಾಗುತ್ತವೆ. ಈ ರೀತಿಯಲ್ಲಿ ಮತ್ತೊಬ್ಬರ ವ್ಯಕ್ತಿತ್ವವನ್ನು ಅರಳಿಸುವ, ಹಿಗ್ಗಿಸುವ ಶಕ್ತಿಯಿದ್ದ ಅನನ್ಯ ವ್ಯಕ್ತಿ ಸಿಸ್ಟರ್ ವಿನೈರಯ್ಯಾ.

ಸುಮಾರು ನಾಲ್ಕು ದಶಕಗಳ ಹಿಂದಿನ ಒಂದು ದಿನ. ಮಳೆ ಭೋರೆಯದು ಸುರಿಯುತ್ತಿದೆ. ಹೆಚ್ಚಿಂದರೆ ಸತತವಾಗಿ ಒಂದೆರಡು ಗಂಟೆಗಳಷ್ಟು ಮಳೆ ಬೀಳುವುದನ್ನು ನಾನು ಕಂಡಿದ್ದೆ. ಆದರೆ ಒಂದೇ ಸಮನೆ ಐದಾರು ಗಂಟೆಗಳು ಎಡಬಿಡದೆ ಮಳೆ ಸುರಿಯುವುದನ್ನು ಅಂದೇ ನೋಡಿದುದು. ಬೆಳಿಗ್ಗೆ ಆರು ಗಂಟೆಗೆ ನಾನು ಮತ್ತು ನನ್ನ ಅಕ್ಕ ಮಂಗಳೂರಿಗೆ ಬಂದೆವು. ನಮ್ಮ ಪ್ರಾಧ್ಯಾಪಕರೂ ಹಿರಿಯ ಶಿಕ್ಷಣತಜ್ಞರೂ ಆಗಿದ್ದ ಪಿ ಆರ್ ನಾಯರ್ ಅವರು ಎರಡು ದಿನಗಳ ಹಿಂದೆ ನನ್ನನ್ನು ಕರೆಸಿ “ಮಂಗಳೂರಿನ ಒಂದು ಕಾಲೇಜಿನಲ್ಲಿ ಪ್ರಶಿಕ್ಷಕ ಕೆಲಸ ಇದೆಯಂತೆ, ಹೋಗಬಹುದು” ಎಂದರು. ನನ್ನ ತಂದೆಯವರೂ “ಒಳ್ಳೆಯದು ಹೋಗು, ಅನುಭವ ಸಿಗುತ್ತದೆ” ಎಂದರು. ಮನೆಯಿಂದ ಅಷ್ಟು ದೂರ ಹೋಗಿ ಉದ್ಯೋಗ ಮಾಡುತ್ತೇನೆಂದು ಕನಸು ಮನಸಿನಲ್ಲೂ ಎಳೆಸಿರಲಿಲ್ಲ. ಆಗ ಮೈಸೂರಿನವರಿಗೆ ಮಂಗಳೂರಿನವರೆಂದರೆ ಕರ್ನಾಟಕದ ಇತರ ಎಲ್ಲ ಭಾಗಗಳವರಿಗಿಂತ ಭಿನ್ನ ಎಂಬ ವಿಚಿತ್ರ ಭಾವನೆ ಇತ್ತು. ಮನೆಯವರ, ಆಪ್ತರ ಪ್ರೋತ್ಸಾಹಕ ನುಡಿಗಳಿಂದ ಧೈರ್ಯತುಂಬಿಕೊಂಡು ಬಂದದ್ದಾಗಿತ್ತು. ಸುಮಾರು ಒಂಬತ್ತು ಗಂಟೆಯ ವೇಳೆಗೆ ಕಾಲೇಜು ಹುಡುಕಿಕೊಂಡು ಇಬ್ಬರೂ ಹೋದೆವು. ಸಂದರ್ಶನವೂ ನಡೆಯಿತು. ನಾಯರ್ ಅವರು ಕಳುಹಿಸಿರುವ ವ್ಯಕ್ತಿ ಎಂಬುದು ಅವರಿಗೆ ಇತರರಲ್ಲಿ ಅರ್ಹತೆಗಳಿಗಿಂತ ಮಿಗಿಲಾಗಿ ಕಂಡು ನನಗೆ ಕೆಲಸ ಕೊಡುವುದಾಗಿಯೂ ನಾನು ಇಷ್ಟವಿದ್ದರೆ ಕೆಲಸ ಮಾಡಬಹುದಾಗಿಯೂ ಹೇಳಿದರು. ಅಂದಿನಿಂದ ಸತತವಾಗಿ ಮೂವತ್ತೈದು ವರ್ಷಗಳ ಕಾಲ ನನ್ನನ್ನು ಸೇಂಟ್ ಆನ್ಸ್ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯಲ್ಲಿ ಉಳಿಸಿದುದು ಪ್ರಮುಖವಾಗಿ ಸಿಸ್ಟರ್ ವಿನೈರಯ್ಯಾ ಅವರ ಪ್ರಭಾವವೇ ಎಂದರೆ ತಪ್ಪಿಲ್ಲ.

ಅಷ್ಟೇನೂ ಎತ್ತರವಲ್ಲದ ಮೈಕಟ್ಟು. ಅತ್ಯಾಕರ್ಷಕವಾದ ನಗು, ಗೌರವರ್ಣ. ಪುಟ್ಟ ಪುಟ್ಟ ಹೆಜ್ಜೆಗಳೊಂದಿಗಿನ ನಡಿಗೆ. ಕಂಡ ಎಲ್ಲರಿಗೂ ಮತ್ತೊಮ್ಮೆ ನೋಡಬೇಕೆನಿಸುವ ಮಾತನಾಡಿಸಬೇಕೆನಿಸುವ ವ್ಯಕ್ತಿತ್ವ. ಅವರೊಂದಿಗೆ ಯಾರಾದರೂ ಮಾತನಾಡುತ್ತಿದ್ದರೆ ಅವರು ಕಿವಿಗೊಟ್ಟು ಕೇಳುತ್ತಿದ್ದ ರೀತಿ ವಿಶೇಷ. ಮಾತನಾಡುವವರ ಕುರಿತಾದ ಕಾಳಜಿ, ಗಮನ ಅವರ ಕಣ್ಣುಗಳಲ್ಲಿ ಎದ್ದು ಕಾಣುತ್ತಿತ್ತು. ಕೇಳುತ್ತಿದ್ದ ವಿಷಯಗಳಿಗನುಗುಣವಾಗಿ ಅವರಲ್ಲಿ ಕಾಣುತ್ತಿದ್ದ ಮುಖಭಾವಗಳು ನಿಜಕ್ಕೂ ಖುಷಿಕೊಡುತ್ತಿದ್ದವು. ಕೇಳುವುದರಲ್ಲಿದ್ದ ತನ್ಮಯತೆ ಅದ್ಭುತ. ಕೆಲವೊಮ್ಮೆ ಮಗುವಿನಂತೆ, ಮತ್ತೆ ಕೆಲವೊಮ್ಮೆ ಮಗುವನ್ನು ಆಲಿಸುವ ಅಮ್ಮನಂತೆ. ನೋಡುವವರಿಗೆ ಅದೊಂದು ವಿಶಿಷ್ಟ ಅನುಭವ.

ಅಧ್ಯಾಪನಕ್ಕೆ ಹೇಳಿ ಮಾಡಿಸಿದ್ದು ಎನ್ನುವಂತಹ ವ್ಯಕ್ತಿ ಸಿಸ್ಟರ್ ವಿನೈರಯ್ಯಾ. ಬೋಧನೆಗೆ ಅವರ ತಯಾರಿ ಬೇರೆಯೇ ರೀತಿಯದು. ಅವರು ಬೋಧಿಸುತ್ತಿದ್ದುದು ತತ್ವಶಾಸ್ತ್ರ ಮತ್ತು ಜೀವಶಾಸ್ತ್ರ. “ಎಲ್ಲಿಂದೆಲ್ಲಿಗೆ ಸಂಬಂಧವಯ್ಯ” ಎಂಬಂತೆ! ಬದುಕಲು ಅಗತ್ಯವಾದ ಜೀವಶಾಸ್ತ್ರ, ಬದುಕ ಕಲಿಸುವ ತತ್ವಶಾಸ್ತ್ರ. ಬೋಧಿಸಬೇಕಾದ ವಿಷಯವನ್ನು ಮೊದಲೇ ಅಚ್ಚುಕಟ್ಟಾಗಿ ಅಣಿಮಾಡಿಕೊಂಡು, ಅದನ್ನು ಅರ್ಥವತ್ತಾಗಿ ಜೋಡಿಸಿ ‘ನೋಟ್ಸ್’ ಮಾಡಿಕೊಂಡು, ಸಜ್ಜಾಗುವುದು ಅವರ ಅಧ್ಯಾಪನದ ಪೂರ್ವಸಿದ್ಧತೆಯ ರೀತಿ. ಸಾಮಾನ್ಯವಾಗಿ ಅವರ ತರಗತಿ ಊಟವಾದ ನಂತರದ ಅವಧಿ. ವಿದ್ಯಾರ್ಥಿನಿಯರು ಮಧ್ಯಾಹ್ನದ ವಿರಾಮಕ್ಕೆ ಹೋದಾಗ ತರಗತಿಗೆ ಹೋಗಿ ಪ್ರಮುಖ ಅಂಶಗಳೆಲ್ಲವನ್ನೂ ಕರಿಹಲಗೆಯ ಮೇಲೆ ಅಂದವಾಗಿ ವ್ಯವಸ್ಥಿತವಾಗಿ ಬರೆಯುವುದು ಅವರ ಪರಿಪಾಠ. ಅಷ್ಟರೊಳಗೆ ಗಂಟೆಯಾಗುವುದು, ವಿದ್ಯಾರ್ಥಿನಿಯರು ಬಂದು ಸೇರುವರು. ಒಂದು ‘ಪಾಯಿಂಟರ್’ ಹಿಡಿದು ಪ್ರತಿ ಅಂಶವನ್ನೂ ದೃಷ್ಟಾಂತಗಳೊಂದಿಗೆ ವಿವರಿಸುವುದರ ಮೂಲಕ ಪಾಠ ಮುಂದುವರಿಯುವುದು. ಒಂದೇ ಒಂದು ವಿಷಯವೂ ತಪ್ಪಿಹೋಗುವಂತಿಲ್ಲ. ಅತಿ ಮುದ್ದಾದ ಬರೆವಣಿಗೆ. ನಾವು ಪ್ರಶಿಕ್ಷಣದಲ್ಲಿ ಬೋಧಿಸುವ ‘ಕರಿಹಲಗೆ ಬರೆವಣಿಗೆ ಕೌಶಲ’ಕ್ಕೆ ಅದೊಂದು ಪ್ರಾತ್ಯಕ್ಷಿಕೆ ಮತ್ತು ಉತ್ತಮ ದೃಷ್ಟಾಂತ.

ವಿನೈರಯ್ಯಾ ಅವರನ್ನು ಎರಡು ದಶಕಗಳಿಗಿಂತಲೂ ಹೆಚ್ಚು ನಾನು ನೋಡಿದುದು ಒಬ್ಬ ಪ್ರಶಿಕ್ಷಕಿಯಾಗಿ, ಆಡಳಿತ ಧುರೀಣಿಯಾಗಿ. ಎರಡೂ ವೃತ್ತಿಗಳಲ್ಲಿ ಅತ್ಯಂತ ಹೆಚ್ಚಿನ ವೃತ್ತಿಪರತೆಯನ್ನು ಅವರಲ್ಲಿ ಕಾಣಬಹುದಿತ್ತು. ವಿದ್ಯಾರ್ಥಿನಿಯರು ಮಾಡುವ ಅಕ್ಷರತಪ್ಪುಗಳನ್ನು ವ್ಯಾಕರಣದೋಷಗಳನ್ನು ತಿದ್ದುವುದರಿಂದ ಹಿಡಿದು ಅವರನ್ನು ಸಮರ್ಥ ಅಧ್ಯಾಪಕಿಯರನ್ನಾಗಿಸುವಲ್ಲಿ ಅಗತ್ಯವಾದ ಎಲ್ಲ ಸಾಮರ್ಥ್ಯಗಳನ್ನು ಗರಿಷ್ಠಮಟ್ಟದಲ್ಲಿ ಬೆಳೆಸಿಕೊಳ್ಳಲು ಬುನಾದಿಯಾಗುವ ಕೌಶಲಗಳನ್ನು ಕರಗತಗೊಳಿಸಿ ಕಳಿಸುವವರೆಗೆ ಅವರ ಸಂಪೂರ್ಣ ಗಮನವಿರುತ್ತಿತ್ತು. ಅವರು ವಿದ್ಯಾರ್ಥಿನಿಯರ ತಪ್ಪುಗಳನ್ನು ತಿದ್ದುತ್ತಿದ್ದ ರೀತಿಯೇ ವಿಶೇಷ. ಯಾರನ್ನೂ ಕರೆದು ‘ನೀನು ಈ ತಪ್ಪು ಮಾಡಿದೆ’ ಎಂದವರು ಹೇಳುತ್ತಿರಲಿಲ್ಲ. ವಿವಿಧ ಸಂದರ್ಭಗಳಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿನಿಯರು, ಸಹೋದ್ಯೋಗಿಗಳು ಎಸಗುತ್ತಿದ್ದ ವ್ಯಾಕರಣದೋಷಗಳನ್ನು ಅವರು ಗಮನಿಸಿ ಅದನ್ನು ಅವರ ಡೈರಿಯಲ್ಲಿ ಬರೆದಿಟ್ಟುಕೊಂಡಿರುತ್ತಿದ್ದರು. ದಿನದ ಪ್ರಾತಃ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪ್ರಾರ್ಥನೆಯ ಭಾಗ ಮುಗಿದ ನಂತರ ಈ ತಪ್ಪುಗಳ ವಿಶ್ಲೇಷಣೆ ಮತ್ತು ತಿದ್ದುಪಡಿಕೆಯೇ ಕೆಲವು ನಿಮಿಷಗಳ ಅವಧಿ ಮೀಸಲಿರುತ್ತಿತ್ತು. ಆ ಸಮಯದಲ್ಲಿ ತಪ್ಪುಗಳನ್ನು ಕರಿಹಲಗೆಯ ಮೇಲೆ ಗುರುತಿಸಿ, ಅವುಗಳ ಸರಿಯಾದ ರೂಪವನ್ನು ಬರೆದು ತಿಳಿಸಿ ಹೇಳುತ್ತಿದ್ದರು. ಅವುಗಳು ಆ ತಪ್ಪುಗಳನ್ನು ಮಾಡಿದವರಿಗೆ ನೇರವಾಗಿ ತಿಳಿಯುತ್ತಿತ್ತು. ನನ್ನ ಮತ್ತು ಅವರ ನಡುವಿನ ವ್ಯವಹಾರದಲ್ಲಿ ನನ್ನ ಬರೆವಣಿಗೆಯಲ್ಲಿ ಕಂಡ ತಪ್ಪನ್ನೂ ಅವರೊಮ್ಮೆ ತಿದ್ದಿದುದು ನನ್ನ ಗಮನಕ್ಕೆ ಬಂದಿತ್ತು.

ಸಹೋದ್ಯೋಗಿಗಳಾದ ನಮಗೆ ಶೈಕ್ಷಣಿಕ ವಿಷಯಗಳಲ್ಲಿ ಸಂದೇಹ ಬಂದರೆ ಅವರನ್ನು ನೇರವಾಗಿ ಕೇಳಬಹುದಿತ್ತು. ಅದರಲ್ಲಿ ಅವರಿಗೂ ಸಂದೇಹವಿದ್ದರೆ ಅವರು ಹಿಂಜರಿಯುತ್ತಿರಲಿಲ್ಲ. ಸಹೋದ್ಯೋಗಿಗಳೆಲ್ಲರನ್ನೂ ಒಟ್ಟಾಗಿಸಿ, ಅದನ್ನು ಚರ್ಚಿಸುತ್ತಿದ್ದರು. ಒಂದೊಮ್ಮೆ ಕೆಲವು ಪರಿಕಲ್ಪನೆಗಳ ಕುರಿತಾಗಿ ನಿರ್ದಿಷ್ಟವಾದ ವ್ಯತ್ಯಾಸ ಗುರುತಿಸುವುದು ನನಗೆ ಕಷ್ಟವಾಗಿತ್ತು. ಅವರ ತಲೆ ಕೆಡೆಸಿದೆ. ಪ್ರಾತಃ ಪ್ರಾರ್ಥನೆಯಾಗಿ ನಾವೆಲ್ಲರೂ ನಮ್ಮ ಕೆಲಸಗಳಿಗೆ ಹೋಗುವ ಮೊದಲು ಎಲ್ಲ ಅಧ್ಯಾಪಕರನ್ನೂ ಕರೆಸಿದರು. ಎಲ್ಲರೂ ನಿಮಗೆ ಅನಿಸಿದ್ದನ್ನು ಹೇಳಿ, ಒಂದು ನಿರ್ಧಾರಕ್ಕೆ ಬರೋಣ’ ಎಂದರು. ಆ ಚರ್ಚೆ ಅದೆಷ್ಟು ಉಪಯೋಗವಾಯಿತೆಂದು ಎಲ್ಲರೂ ಅಚ್ಚರಿಗೊಂಡೆವು. ಅವರ ಕಾಲದಲ್ಲಿ ನಮ್ಮ ಸಂಸ್ಥೆಯಲ್ಲಿ ಗೈಡ್ ಕ್ಯಾಂಪ್‌ಗಳನ್ನು ನಡೆಸುತ್ತಿದ್ದವು. ಅವರು ಉತ್ತಮ ಗೈಡ್ ತರಬೇತಿದಾರರೂ ಆಗಿದ್ದರು. ಅಂತಹ ಕ್ಯಾಂಪ್‌ಗಳ ಶಿಬಿರಗಳಲ್ಲಿ ಅವರು ಸಂಪನ್ಮೂಲವ್ಯಕ್ತಿಯಾಗಿ ಪಾಲ್ಗೊಳ್ಳುತ್ತಿದ್ದ ರೀತಿ ಅತ್ಯದ್ಭುತ. ಆ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಸಾಧಿಸಬೇಕಾದ ನಿಖರತೆ, ತನ್ಮಯತೆ, ಅದೇ ಮಟ್ಟದಲ್ಲಿನ ಸಂಯಮ, ಮಾನವೀಯ ವರ್ತನೆಗಳು ಆದರ್ಶಪ್ರಾಯವಾಗಿರುತ್ತಿತ್ತು.

ಅವರ ವ್ಯಕ್ತಿತ್ವದ ಶೈಕ್ಷಣಿಕ ಆಯಾಮದಷ್ಟೇ ಅವರ ಮಾನವೀಯ ಆಯಾಮವೂ ಪ್ರಶಂಸನೀಯ. ಅವರು ಅದಕ್ಕಾಗಿಯೇ ಎಲ್ಲರಿಗೂ ಹತ್ತಿರವಾಗುತ್ತಿದ್ದರು. ನನ್ನನ್ನು ಅತಿ ಕಚ್ಚಾ ಹಂತದಿಂದ ನಾನಂದುಕೊಂಡ ಹಾಗೆ ಪಕ್ಕಾ ಹಂತಕ್ಕೆ ತರುವಲ್ಲಿ ಅವರ ಪಾಲು ಬಹಳಷ್ಟಿದೆ.

ಅತ್ಯಂತ ಸಾಂಪ್ರದಾಯಿಕ ಕುಟುಂಬದಲ್ಲಿ ಬೆಳೆದ ನಾನು ಹೊರಪ್ರಪಂಚಕ್ಕೆ ತೆರೆದುಕೊಂಡುದು ಆ ಕಾಲಕ್ಕೆ ಬಹಳ ಕಡಿಮೆ. ಆಗಿನ ಸಮಯದಲ್ಲಿ ಮೌಲ್ಯಮಾಪನದ ಕೆಲಸ ಮೈಸೂರಿನಲ್ಲಿ ನಡೆಯುತ್ತಿತ್ತು. ಒಮ್ಮೆ ನಾವು ಮೌಲ್ಯಮಾಪನದ ಕೆಲಸಕ್ಕೆ ಒಟ್ಟಿಗೆ ಹೋದಾಗ ಅಲ್ಲಿದ್ದ ಯಾರೋ ಅವರಿಗೆ ಒಂದು ಚಾಕ್ಲೆಟ್‌ನ್ನು ಕೊಟ್ಟರು. ಆ



ರೀತಿಯ ಚಾಕ್ಲೇಟನ್ನು ನಾನು ನೋಡಿಯೂ ಇರಲಿಲ್ಲ. ಆ ರೀತಿಯ ಕ್ಯಾಡ್ ಬರಿಸ್ ಚಾಕ್ಲೇಟನ್ನು ಗೆರೆಗನುಗುಣವಾಗಿ ಕಟ್ ಮಾಡಲೂ ನನಗೆ ಗೊತ್ತಿರಲಿಲ್ಲ. ‘ಶಶಿ, ಇದನ್ನು ಕಟ್ ಮಾಡಿ ಎಲ್ಲರಿಗೂ ಕೊಡು’ ಅಂದರು. ನಾನು ಅದನ್ನು ಮುರಿಯುತ್ತಿದ್ದ ರೀತಿಯನ್ನು ನೋಡಿ ‘ಇಲ್ಲಿ ತಾ, ನಾನು ಕೊಡುತ್ತೇನೆ’ ಎಂದರು. ಅವರು ಅದನ್ನು ಮುರಿದ ರೀತಿ ನೋಡಿ ನನಗೆ ನನ್ನ ಬಗ್ಗೆ ಅತಿ ನಾಚಿಕೆ ಎನಿಸಿತು. ಮತ್ತೆ ಯಾರಾದರೂ ಆಗಿದ್ದರೆ ಅಷ್ಟು ಜನಗಳ ನಡುವೆ ಹೇಗೆ ನಡೆದುಕೊಳ್ಳುತ್ತಿದ್ದರೋ ನಾನರಿಯ. ಇದೇ ಮೌಲ್ಯಮಾಪನದ ಕೆಲಸಕ್ಕೆ ಮತ್ತೊಮ್ಮೆ ನಾವಿಬ್ಬರೂ ಬಸ್ಸಿನಲ್ಲಿ ಪ್ರಯಾಣಿಸಿದೆವು. ಸೆಕೆಯಾಗುತ್ತದೆಂದೇನಿಸಿ ನಾನು ಯಾವುದೇ ಶಾಲು ಅಥವಾ ಹೊದಿಕೆಯನ್ನು ಕೊಂಡುಹೋಗಿರಲಿಲ್ಲ. ನನಗೆ ನಿದ್ದೆ ಬಂದಿತು. ನಿದ್ದೆಯಲ್ಲಿಯೇ ಮುಳುಗಿಬಿಟ್ಟಿದ್ದೆ. ಎಚ್ಚರವಾದಾಗ ಸ್ವಲ್ಪ ತಡಿಯಾದಂತೆ ಅನಿಸಿತು. ನನ್ನ ಮೈಮೇಲೆ ಅವರ ಶಾಲು ಇತ್ತು. ಅವರು ಮಾತ್ರ ಹಾಗೆಯೇ ಪ್ರಯಾಣಿಸಿದರು. ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಹೋಗಿದ್ದ ಇದೇ ಒಂದು ಸಂದರ್ಭದಲ್ಲಿ ನಮ್ಮ ಮನೆಗೆ ಆಹ್ವಾನಿಸಿದೆ. ಯಾವುದೇ ಬಿಗುಮಾನವಿಲ್ಲದೆ ಬಂದರು. ನಮ್ಮ ಮನೆಯೊಳಗೆ ಬರುವಾಗ ನಮ್ಮ ಮನೆಯ ರೀತಿನೀತಿಗಳಿಗೆ ತೊಂದರೆಯಾಗಬಾರದೆಂದು ಪ್ರತಿ ಸನ್ನಿವೇಶದಲ್ಲೂ ಅತ್ಯಂತ ಜಾಗರೂಕರಾಗಿದ್ದರು. ನನಗೇ ಮುಜುಗರವಾಗುತ್ತಿತ್ತು. ಆ ಸಮಯದಲ್ಲಿ ನನ್ನ ತಂದೆ ಹಾಸಿಗೆಹಿಡಿದಿದ್ದರು. ಅವರೊಡನೆ ಅತ್ಯಂತ ಸಂತೋಷದಿಂದ ಮೂರು ಗಂಟೆಗಳ ಕಾಲ ಮಾತನಾಡಿದರು. ನನ್ನ ತಂದೆ ಅವರ ಕಾಲದಲ್ಲಿನ ಅವರ ಆಧ್ಯಾಪನದ ಅನುಭವಗಳು, ಕಾಲಸ್ಥಿತಿ, ಎಲ್ಲವನ್ನೂ ಹೇಳುತ್ತಿದ್ದರೆ ಇವರು ಮಗುವಿನಂತೆ ಹೌದಾ! ಎಂಬ ಭಾವದಲ್ಲಿ ಕೇಳುತ್ತಾ ಕುಳಿತಿದ್ದುದು ನನಗೆ ಇನ್ನೂ ಕಣ್ಣಿಗೆ ಕಟ್ಟಿದಂತಿದೆ.

ಹೀಗೆ ಅವರೊಡನೆ ಮಾತನಾಡುತ್ತಿದ್ದ ಸಂದರ್ಭದಲ್ಲಿ ನನ್ನ ತಂದೆಗೆ ನಾನು ದೂರದಲ್ಲಿದ್ದೇನೆ ಎಂಬ ನೋವು ಇದೆ ಎಂಬುದು ಸಿಸ್ಟರರ ಅನುಭವಕ್ಕೆ ಬಂದಿದ್ದಿರಬಹುದು. ನನಗೆ ತಿಳಿಯದೆ ನನ್ನ ತಂದೆಗೆ ನನ್ನ ಕುರಿತಾಗಿ, ನನ್ನ ಕ್ಷೇಮಸಮಾಚಾರದ ವಿಷಯವಾಗಿ ಅತ್ಯಂತ ಸಮಾಧಾನಕರವಾದ ರೀತಿಯಲ್ಲಿ ಪತ್ರ ಬರೆಯುತ್ತಿದ್ದರು. ಅಷ್ಟರಮಟ್ಟಿನ ಪ್ರೀತಿ, ಸಹನೆ, ಹಿರಿಯರ ಕುರಿತಾದ ಕಾಳಜಿಯನ್ನು ಯಾವ ಪ್ರಾಂಶುಪಾಲರಲ್ಲಿ ಕಾಣಲು ಸಾಧ್ಯ? ನಮ್ಮ ತಂದೆಯವರು ನಾನು ಊರಿಗೆ ಹೋದಾಗ ಆ ಪತ್ರಗಳನ್ನು ನನ್ನ ಕೈಯಲ್ಲಿ ಕೊಟ್ಟು, “ನೋಡು, ಅದೆಷ್ಟು ಸುಂದರವಾದ ಅಕ್ಷರಗಳು! ಭಾಷೆಯ ಬಳಕೆ! ನೀನೂ ಹೀಗೇ ಕಲಿಯಬೇಕು” ಎಂದು ಹೇಳುತ್ತಿದ್ದರು.

ಅವರಿಗೆ ತಾವು ಪ್ರಾಂಶುಪಾಲರೆಂಬ ಬಿಗಿ ಎಂದೂ ಇರಲಿಲ್ಲ. ನಾವು ಮಾಡುವಂತಹ ಕೆಲಸಗಳಿದ್ದರೆ ಮಹಡಿಯಿಂದ ಇಳಿದು ನಾವಿದ್ದಲ್ಲಿಗೆ ಬಂದು, “ಶಶಿ, ನೀನೊಂದು ಕೆಲಸ ಮಾಡಬೇಕು” ಎಂದು ವಿನಂತಿಸಿಕೊಳ್ಳುವ ದನಿಯಲ್ಲಿ ಹೇಳುತ್ತಿದ್ದರು. ನಮಗೇ ಕನಿಷ್ಠವಾಗುತ್ತಿತ್ತು.

ದಿನಕ್ಕೆ ಒಮ್ಮೆಯಾದರೂ ಕಾಲೇಜಿನ ಎಲ್ಲ ಸ್ಥಳಗಳಿಗೆ ಹೋಗಿ ವಿದ್ಯಮಾನಗಳನ್ನು ಗಮನಿಸುವುದು ಅವರ ವಾಡಿಕೆ. ಹಾಗೆಯೇ ನಮ್ಮ ಪಾಠಪ್ರವಚನವಾದಾಗ ಅದನ್ನೂ ಗಮನಿಸಿಕೊಂಡು ಹೋಗುತ್ತಿದ್ದರು. ಈ ಕೆಲಸವನ್ನು ಅವರು ಅತ್ಯಂತ ಜಾಗರೂಕತೆಯಿಂದ ಮಾಡುತ್ತಿದ್ದರು. ನಮ್ಮ ತರಗತಿಗಳ ಹೊರಗೆ ಗಿಡಗಳ ಕುಂಡಗಳಿದ್ದವು. ಅಲ್ಲಿಗೆ ಬಂದು ಆ ಗಿಡಗಳನ್ನು ಗಮನಿಸುವಂತೆ, ಅವುಗಳಿಗೆ ಕಾಳಜಿ ತೋರಿಸುವಂತೆ ನಿಂತು ಪಾಠ ಕೇಳಿ, ಸ್ಥಳಗಳನ್ನು ಗಮನಿಸಿ ಸಾಗುತ್ತಿದ್ದರು.

ನಮ್ಮ ಕೆಲಸಗಳು ಅವರಿಗೆ ಖುಷಿಕೊಟ್ಟರೆ ತಪ್ಪದೆ ಅದನ್ನು ನಮ್ಮೊಡನೆ ಹಂಚಿಕೊಳ್ಳುತ್ತಿದ್ದರು. ನಮ್ಮ ಅಗತ್ಯಗಳನ್ನು ಗುರುತಿಸಿಕೊಂಡು ಬೆಂಗಳೂರಿನಲ್ಲಿ ಸಂಬಂಧಪಟ್ಟ ಕಚೇರಿಗೆ ಹೋಗಿ ಕೆಲಸಗಳಾಗುವಂತೆ ಜಾಗ್ರತೆ ವಹಿಸುತ್ತಿದ್ದರು. ನಮ್ಮ ತಿಂಗಳ ಸಂಬಳ ಸಾಮಾನ್ಯವಾಗಿ ಒಂದನೇ ತಾರೀಖು ಆಗಿಬಿಡುತ್ತಿತ್ತು. ಅದೇನಾದರೂ ಒಂದೆರಡು ದಿನ ತಡವಾಗಿಬಿಟ್ಟರೆ ನಮಗಿಂತ ಅವರಿಗೇ ಚಿಂತೆ. ನಮ್ಮನ್ನು ಕರೆದು, ‘ನೀವು ಚಿಂತೆಮಾಡಬೇಡಿ, ಸಾಹೇಬರನ್ನು ಭೇಟಿಯಾಗಿದ್ದೇನೆ. ಈ ಸಂಬಂಧದ ಕೆಲಸವನ್ನು ಇಂತಹವರಿಗೆ ವಹಿಸಿ ಬಂದಿದ್ದೇನೆ’ ಎಂದು ಸಮಾಧಾನಮಾಡುತ್ತಿದ್ದರು. ಇಲಾಖೆಯ ಅಧಿಕಾರಿಗಳೊಡನೆ ಅವರ ಸಂಬಂಧಗಳು ಅತ್ಯಂತ ಉತ್ತಮವಾಗಿತ್ತು.

ಅವರ ಆಧ್ಯಾತ್ಮಿಕ ಶ್ರದ್ಧೆಯೂ ಅತಿ ಮಹತ್ವದ್ದು. ಅವರು ತಮ್ಮ ಆಧ್ಯಾತ್ಮಿಕ ಜೀವನದ ಚಟುವಟಿಕೆಗಳನ್ನು ಯಾವುದೇ ಕಾರಣಕ್ಕೂ ಬಿಟ್ಟುಕೊಟ್ಟಿರಲಿಲ್ಲ. ರಿಟ್ರೇಟ್ ಸಮಯದ ಅವರ ನಿಷ್ಠೆ, ಕಾಲೇಜಿಗೆ ಸಂಬಂಧಿಸಿದ ಪೂಜಾ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಅವರ ತನ್ಮಯತೆ ಅದ್ವಿತೀಯವಾಗಿರುತ್ತಿತ್ತು.

ಅನೇಕ ಸಂದರ್ಭಗಳಲ್ಲಿ ಅಚಾನಕಾಗಿ ಅವರು ನನಗೆ ಅತಿ ಅನನ್ಯವಾಗಿ ಕಾಣಿಸಿಕೊಂಡಿದ್ದಾರೆ. ಒಮ್ಮೆ ಸಹೋದ್ಯೋಗಿಗಳಾದ ನಾವೆಲ್ಲರೂ ದೂರ ಪ್ರವಾಸ ಮಾಡಿ ರೈಲಿನಲ್ಲಿ ಹಿಂತಿರುಗುತ್ತಿದ್ದೆವು. ಮಾರನೆಯ ದಿನ ಬೆಳಿಗ್ಗೆ ಮೊದಲನೇ ಅವಧಿಗೆ ತರಗತಿ ನಡೆಯಬೇಕಾಗಿತ್ತು. ಆದರೆ ಬೆಳಿಗ್ಗೆ ತಲುಪಿ ಅಷ್ಟು ಬೇಗ ತರಗತಿಗೆ ಬರಲು ಯಾರಿಗೆ ಸಾಧ್ಯವಾಗುತ್ತದೆ ಎಂದು ನಾವೇ ಪ್ರಶ್ನೆ ಮಾಡಿಕೊಳ್ಳುತ್ತಿದ್ದೆವು. ನಮ್ಮ ಮಾತುಗಳನ್ನು ಕೇಳುತ್ತಿದ್ದ ಅವರು ದೂರದಿಂದಲೇ “ನಾನು ತೆಗೆದುಕೊಳ್ಳುತ್ತೇನೆ” ಎಂದು ಗಟ್ಟಿಯಾಗಿ ಹೇಳಿದರು. ಅಷ್ಟು ಬೇಗ ಬೆಳಗಿನ ತಿಂಡಿಯಾಗಬೇಕಲ್ಲ ಎಂದು ಯಾರೋ ಹೇಳಿದರು. “ಚಿಂತಿಸಬೇಡಿ, ನನಗೆ ನನ್ನದೇ ಆದ ತಯಾರಿ ಇದೆ ಎಂದಷ್ಟೇ ಹೇಳಿದರು. ಮಾರನೆಯ ದಿನ ಬೆಳಿಗ್ಗೆ ಹಿಂದಿನ ದಿನದ ತಿಂಡಿಯ ಪ್ಯಾಕೇಟನ್ನು ಬ್ಯಾಗಿನಿಂದ ತೆಗೆದರು. ತಿಂದು ಮುಗಿಸಿದರು. ನಾನೀಗ ತರಗತಿ ತೆಗೆದುಕೊಳ್ಳಲು ಸಿದ್ಧಳಾಗಿದ್ದೇನೆ” ಎಂದರು.

ಅವರಿಗೆ ನಮ್ಮನ್ನು ಕಂಡರೆ ಅತೀವ ಅಭಿಮಾನ. ನನ್ನ ಮಗನ ಮದುವೆಗೆ ಬರಲೇಬೇಕೆಂದು ವಿನಂತಿಸಿಕೊಂಡಿದ್ದೆ. ಅದಾಗಲೇ ಸ್ವಲ್ಪ ಕ್ಷೀಣಿಸಿದ್ದರು. ಅವರ ಯೋಗಕ್ಷೇಮ ನೋಡಿಕೊಳ್ಳುತ್ತಿದ್ದ ಸಿಸ್ಟರ್ ಅತ್ಯಂತ ಪ್ರೀತಿಯಿಂದ ಮದುವೆಗೆ ಕರೆದುಕೊಂಡು ಬಂದರು. ವೇದಿಕೆಯ ಮೇಲೆ ಬಂದವರು ನನ್ನ ಮಗನನ್ನು ಹರಸಿದ ನಂತರ ನಾನವರಿಗೆ ನನ್ನ ಸೊಸೆಯ ತಂದೆಯವರನ್ನು ಪರಿಚಯಿಸಿದೆ. ತಕ್ಷಣವೇ ಅವರ ಬಳಿ, “ಶಶಿಯನ್ನು ಕಾಲೇಜಿಗೆ ಸೇರಿಸಿಕೊಂಡದ್ದು ನಾನು, ಅವಳು ನಮ್ಮೊಡನೆ ಹೀಗಿದ್ದಳು, ಹಾಗಿದ್ದಳು ಎಂದು ನನ್ನ ಗುಣಗಾನ ಮಾಡಿದ್ದೇ ಮಾಡಿದ್ದು” ಒಂದು ಕುಟುಂಬಕ್ಕೆ ಇಂತಹ ಒತ್ತಾಸೆಗಳು ಅತ್ಯಂತ ಗಟ್ಟಿಯಾದ ಸತ್ಪರಿಣಾಮಗಳನ್ನು ಬೀರುತ್ತವೆ ಎಂಬುದನ್ನು ನಾನು ನಂತರದ ದಿನಗಳಲ್ಲಿ ಅನುಭವಿಸಿದೆ.

ಇತ್ತೀಚಿನ ಕೆಲವು ವರ್ಷಗಳಲ್ಲಿ ಅವರು ವಿಧಿವಶರಾಗುವ ಮೊದಲು ನನಗೆ ಸಾಧ್ಯವಾದಾಗ ಹೋಗಿ ಅವರನ್ನು ಭೇಟಿಮಾಡಿ ಒಂದೆರಡು ಗಂಟೆಗಳ ಕಾಲ ಅವರೊಡನೆ ಮಾತನಾಡಿ ಬರುತ್ತಿದ್ದೆ. ಅವರ ಸಮಾಧಾನಕ್ಕಾಗಿ ಅಲ್ಲ; ನನ್ನ ಸಮಾಧಾನಕ್ಕಾಗಿ. ಅವರೊಡನೆ ಮಾತನಾಡಿ ಬಂದ ವಾರವಿಡೀ ಅತಿ ಹತ್ತಿರವಾದವರೊಡನೆ ಸಮಯ ಕಳೆದ ಅನುಭವವಾಗುತ್ತಿತ್ತು. ಅವರ ಮಾತು, ಮುಖಗಳಲ್ಲಿ ನನಗೆ ಅನುಭವವಾಗುತ್ತಿದ್ದ ಆಪ್ತತೆ ಆಪ್ತಾಯಮಾನವಾಗಿರುತ್ತಿತ್ತು. ಅವರು ಊಟಮಾಡಲು ಹಿಂಜರಿದಾಗ ನಮ್ಮ ಕಾಲೇಜಿನವರಲ್ಲಿ ಯಾರಾದರೊಬ್ಬರ ಹೆಸರು ಹೇಳಿ ಅವರು ಬಂದಿದ್ದಾರೆ ಎಂತಲೋ ‘ಸಿಸ್ಟರ್! ಶಶಿ ಬಂದಿದ್ದಾರೆ’ ಎಂದೋ ಹೇಳಿದರೆ ಅವರು ಊಟಮಾಡುತ್ತಾರೆ ಎಂದು ಸಿಸ್ಟರ್ ಉಜ್ವಲ ನನಗೆ ಹೇಳಿದರು. ಅದನ್ನು ಕೇಳಿದಾಗ ಜೀವನ ಸಾರ್ಥಕವಾದ ಅನುಭವ. ಅವರ ಯೋಗಕ್ಷೇಮವನ್ನು ಸಿಸ್ಟರ್ ಉಜ್ವಲಾ ಅವರೇ ನನ್ನೊಡನೆ ಹಂಚಿಕೊಳ್ಳುತ್ತಿದ್ದರು. ಅವರ ನೆನಪಿನ ಸವಿಯನ್ನು ಉಣಬಡಿಸಿದ ಅವರಿಗೆ ನಾನು ಅತ್ಯಂತ ಆಭಾರಿ.

ಕೊನೆಯ ಸಲ ಅವರನ್ನು ಕಾಣಲು ಹೋದಾಗ ನನ್ನ ಪತಿ ಸತ್ಯ ಅವರನ್ನೂ ನನ್ನೊಡನೆ ಕರೆದುಕೊಂಡು ಹೋಗಿದ್ದೆ. ಅದೊಂದು ವಿಶೇಷ ದಿನ. ತುಂಬಾ ಮಾತನಾಡಿದರು. ನಾವು ಜೊತೆಯಲ್ಲಿ ಕುಳಿತು ಹಲವಾರು ಪೋಟೋ ಕ್ಲಿಕ್ಕಿಸಿಕೊಂಡೆವು. ಇನ್ನೇನು ಹೊರಡಬೇಕು ಎಂದೆನಿಸಿ ಸಿಸ್ಟರಿಗೆ “ಹೋಗಿ ಬರುತ್ತೇವೆ” ಎಂದು ಕೈ ಬೀಸಿ ಒಂದೆರಡು ಹೆಜ್ಜೆ ಬಂದಿರಬಹುದು. ಅಷ್ಟರಲ್ಲಿ ಸತ್ಯ ಅವರನ್ನು ಮಾತ್ರ ಕೈಬೀಸಿ ಕರೆದರು. ಇದೇನಕ್ಕ! ಎಂದು ನಾನೂ ಓಡಿ ಹೋಗಿ ಪಕ್ಕದಲ್ಲಿ ನಿಂತೆ. ಅವರ ಕಿವಿಯಲ್ಲಿ “ನೀನು ಬದುಕಿನಲ್ಲಿ ಅತ್ಯಂತ ಉತ್ತಮ ಆಯ್ಕೆ ಮಾಡಿದ್ದೀಯ” ಎಂದರು. ನಾವೆಲ್ಲಾ “ಹೋ” ಎಂದು ನಕ್ಕೆವು. ಅವರೂ ನಕ್ಕರು. ಆ ನಗುವೇ ನನ್ನ ಮನದಲ್ಲಿ ನಿಂತಿತು.

ಡಾ.ಎ.ಶಶಿಕಲ,

ನಿವೃತ್ತ ಪ್ರಾಧ್ಯಾಪಕರು,

ಸೈಂಟ್ ಆನ್ಸ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ

#115, 3ನೇ ಮೇನ್, ಎಸ್ ಬಿ ಎಂ. ಕಾಲನಿ,

ಆನಂದನಗರ, ಬೆಂಗಳೂರು 560 024



Expressions...

The Alumnae Newsletter

REPORT OF THE ACTIVITIES OF THE ALUMNAE ASSOCIATION DECEMBER 2022 TO JUNE 2024

The Alumnae Association of our college offers all former students an enduring point of contact with the institution. The present membership of our alumnae association is 3671 members among which 4 are benefactor life members and 20 Sponsor life members.

The following activities were organized

1. The Alumnae Annual Day was celebrated on Saturday, 26 November 2022 which included the Mother Josephine Memorial Lecture, followed by Annual General Body meeting, games and fellowship meal for the alumnae. Around 50 alumnae were present.
2. The Mother Josephine Memorial Lecture 2022 was held on Saturday, 26 November 2022. The lecture was delivered by Prof. Dr M S Moodithaya, Pro-Vice Chancellor, Nitte Deemed to be University, Mangaluru. The topic of the lecture was on Leadership Skills for empowered women.
3. An interaction session with the senior leadership team, GEMS Education, UAE represented by Nargees Khambatta was held to discuss about the academic excellence and job opportunities at GEMS, Dubai.
4. A One day orientation session on e-content development was organized for second year B.Ed. students. Dr Flosy C. R. D'Souza was the resource person.
5. Integrating Performing Arts in Education by Dr Arathy Shetty, Director, Sri Devi Nritya Kendra, Bunts Hostel Road, Mangaluru for the B.Ed. Students was organized.
6. The Alumnae Association is striving towards maintaining a record of illustrious alumni through google forms which is in process.

To add on to these activities,

- Our alumnae has founded awards, gold prizes and scholarships for the toppers in B.Ed. and M.Ed. examinations.
- They assist us in lesson demonstrations, practice teaching and internship supervisors, examiners for practical examinations, judges for competitions, and serve as resource persons for the various activities of the B.Ed. and M.Ed. programmes.
- Our alumni also support us by being members in the academic bodies of the institution such as the Board of Studies, Academic Council and IQAC.

We hope to draw our alumnae closer to one another and stay committed to our Alma Mater. Along with our president Dr Sr Dorothy D'Souza A.C., we hope to undertake meaningful programmes through the association and strive to reach out to our ever growing alumnae.



Academic Results - Toppers

B.Ed. 2020-22

M.Ed. 2020-22



Fathimath Zabeena

Rita Zita Alva

Deyan Maveena Crasta

Joby Varghese

Swathi A.

B.Ed. 2021-23

M.Ed. 2021-23



Vinitha Nishma Veigas

Elfrieda Wilma D'Souza

Stella Delphin Sophia

Shobhitha

ACTIVITIES OF THE INSTITUTION JANUARY 2023 to DECEMBER 2023

Academic and Professional Growth of Students

- A Two day Spiritual Orientation was organized for the B.Ed. Students on January 4 and 5. Fr Joel Lopez, Fr Rohan D'Souza and Fr Praveen Arhanha were the resource persons.
- A One Day Workshop on Mentoring was organized for the B.Ed. Students. Dr Kavyashree K.B., Head of the Department of Psychology, St Agnes College (Autonomous) was the resource person.
- Workshop on Integration of Performing Arts was organised and the resource person was Mrs Shruthi Rao, Alumnus.
- The Induction Programme for the new batch of B.Ed. students was conducted from March 13 to March 16.
- On March 27, an interaction session with Senior Leadership Team, GEMS Education, UAE represented by Nargees Khambatta was held to discuss about the academic excellence and job opportunities at GEMS, Dubai.
- The workshop on role of music in effective teaching was held on 19 April. The resource person Mr Roshan Francis Martis, Mangalore provided valuable insights into the benefits of using music in the classroom, and offered practical strategies for incorporating music into teaching.
- A one day workshop on kinesthetic movement was organized to develop theatrical skills on 31 March. The resource person was Mr Sheena Nadoli, Lecturer, Government Pre-University College, Belthangady.
- A One day workshop on Introduction to Yoga and Demonstration of yogic exercises was held on 29 March, facilitated by Mr Aditya Krishna M., Research Scholar, Department of Human Consciousness and Yogic Sciences, Mangalore University.
- The department of Patna Women's College, Autonomous, Patna in collaboration with St Ann's College of Education, Mangaluru conducted a webinar on the topic 'Implementing Gender Perspective in School Education - NEP 2020 perspective'. Dr Shifali Roy, Professor, Department of Political Science, Patna University was the resource person.
- A One day workshop on Integrating Art and Drama in Education was held on April 6, 2024. Dr Kumaraswamy H., Lecturer, Government College of Teacher Education was the resource person.

- The Sports Day was observed on April 25, during which the student body was organized into four distinct houses, each bearing the names of accomplished women achievers. Preliminary rounds for all group events was conducted prior and track events were conducted on the same day. The day commenced with a march past, with each house participating. Mrs Vasudha, the Physical Director of St Agnes College graced the occasion as the esteemed chief guest.
- A one day orientation session on e-content development was organized for second year B.Ed. students. Dr Flosy D'Souza, Associate Professor was the resource person. The primary goal of this orientation was to provide participants with the requisite knowledge and competencies essential for the creation, delivery, and proficient utilization of electronic content for educational purposes. This was followed by a workshop on video making and transcript writing. The resource person Dr Muthu Pandey, familiarized the participants with various digital tools and platforms that enhance the learning experience.
- A One day workshop on Self Defence was conducted for the second B.Ed. students on July 11. The resource person of the day were the founders of 'Swaraksha for women' foundation Mr Karthik S Kateel and Mrs Shobhalatha. They demonstrated the Efficacy of psychological approaches in personal safety and provided practical skills for Self-defence.
- A guest lecture on 'Cyber Safe Campus' aimed to raise awareness about the potential risks and threats in the digital world, empowering participants with knowledge and tools to protect themselves and their educational institutions from cyber attacks was held on October 7. The resource person Dr Ananth Prabhu G, Professor in computer engineering, cyber security and cyber law trainer emphasised the need to create a safer and more secure online environment within the campus community.
- A One day content enrichment program tailored specifically for students to enhance their knowledge in their respective pedagogy was held in September and October. The objective was to enhance their proficiency in curriculum development, instructional strategies, and subject matter expertise. The following were the resource persons:

Mathematics - Sri Subrahmanya Bhat and Shri Sharath Kumar Tuluple

English - Mrs Anita G Corderio, Former Graduate Assistant and Alumni, Mangaluru

Kannada - Mrs Shailaja, Lecturer, St Agnes PU College, Mangaluru

Science - Mr Roshan Alexander Pinto, Graduate Assistant, Carmel School, Modankap

Social Science - Ms Sheryl Prabhu, Former Graduate Assistant and Alumni, Mangaluru

- A One day workshop on Yogic Exercise and Education was conducted for the III semester B.Ed. students July 15. Mr Puneeth Kumar B Naik, Research scholar, Department of Human Consciousness and Yogic Sciences, Mangalore University was the resource person who gave a comprehensive exploration of the performed significance of yoga as an ancient art science and philosophy. Practical examinations in Yoga were administered on July 22. Students were required to demonstrate various asanas and provide explanations regarding the associated benefits of each asana they presented.
- On July 12, a one-day workshop was organized for the third-semester B.Ed. students of St Ann's College of Education. The session was facilitated by Mr Christopher D'Souza, a lecturer from St Aloysius College, Mangaluru, and Ms Sweedal, from St Aloysius College. The workshop provided a comprehensive overview of the historical evolution and various forms of theatre and the comprised of many engaging activities.
- St Ann's College of Education, Mangalore, organized an educational visit for the B.Ed. third semester students to St. Theresa School ICSE Mangaluru on July 7th; Lourdes central School CBSE, Mangaluru on July 13th; Morarji Desai Residential School in Kinnigoli, on July 14th; St Agnes Special School on 17 July, DIET on 18 July, and Navodaya Vidyalaya, Mudipu on 21 July. The primary objective of this visit was to provide the students with a comprehensive understanding of the operational aspects various Boards and Departments of Schools Education to understand the overall functioning of and to gain insights into the examination and assessment practices.
- The students of St Ann's College Education had attended an international seminar on the theme "Thinking beyond language" organised by St Christopher's College of Education on September 29, through online mode which aimed to foster a deeper understanding of communication and thought processes that transcend linguistic boundaries. The resource persons were Professor Russell Cross, Associate Dean for Research University of Melbourne, Australia, Professor Dr Rita John, Director International Centre University of Madras and Professor Lindsay Oades, Deputy Dean, Melbourne Graduate School of Education, University of Melbourne, Australia.

Celebration of Days of Significance

- ♦ The World Environment day was celebrated on June 13th to raise awareness about pressing environmental issues and promote sustainable practices for a healthy planet by the members of Eco Club.
- ♦ The International Yoga Day was held on 21 June. The resource person, Ms Divya Shree, Guest faculty Department of Physical Education, Alva's College elucidated the significance of the day emphasizing the importance of yoga and underscoring its role in students' life.
- ♦ A lively celebration of the Carmel Feast was celebrated and students presented a cultural program, which effectively conveyed the significance of the day.
- ♦ Student representatives in association with the students of first and second year B.Ed. and M.Ed. organised Teachers days celebration to express gratitude and appreciation to their teachers for their dedication and contributions to their education and to foster a sense of respect and acknowledgment for the teaching profession.
- ♦ Democracy Day, Vigilance Awareness week and Constitution Days were celebrated highlighting its significance and the pledge was taken by all the staff and students.
- ♦ Celebration of Deepavali highlighting its significance was celebrated on 15 November.

Talent Search

- ♦ In a bid to give wings to the students to unleash their potential and to celebrate the myriad talents that grace our campus, a two-day talent hunt show titled "Talent Synergy-2023" was organized on February 9 and 10, 2023. Mrs. Elizabeth N.V., Graduate Assistant Teacher, Ladyhill Victoria High School, Mangaluru was the chief guest.
- ♦ The second phase of "Talent Synergy-2023" was organized on October 4 and 5. The distinguished chief guest Dr Sr Lydia Fernandes A.C, the former Principal of St. Ann's College of Education, in her address reminded students of the incredible heights their talents can reach with dedication and hard work.

Outreach and Extension Activities

- ♦ In association with regional blood transfusion centre government venue of District Hospital and in collaboration with Red Cross Society blood donation drive was held on October 1 in commemoration of the birth bi- centenary of Venerable Mother Veronica, Founder of the Apostolic Carmel Congregation, promoted voluntary blood donation within the community and raised awareness about the importance of regular blood donations for saving lives and supporting medical treatments.
- ♦ On August 14, a cleanliness drive programme titled 'SWACHATHA PAKHWADA' was organized in the college campus.
- ♦ To engage students in community service, a visit was organized to St Antony's Ashram, Jeppu, and Prashanth Nivas, Jeppu, on October 16.

Educational tour

- ♦ St Ann's College of Education had organised 4 days educational tour to Chennai in association with St Christopher's College of Education from the 13th to the 17th of September for the III Semester students to explore the vibrant culture and educational treasures and landscapes of Chennai. The places visited were Government Museum and Art Gallery, St Thomas Mount National Shrine, Anna Centenary library, B.M. Birla Planetarium, Dr Solomon Victor Heart Museum, Mahabalipuram and the shore temple.
- ♦ A one day field trip for the first year B.Ed. students to Pilikula Nisaragadhama Through hands-on exploration and observation, students gained valuable insights into cultural heritage, astronomy, wildlife and plant ecosystems, enhancing their knowledge and appreciation of the world around them.

Student Council

The election of the Student cabinet was held on 25 March 2023. The following were elected

Student President: Riyona Candida D'Silva

Student Vice president: Ms Shwetha

Sports Secretary: Ms Harshitha

Cultural Secretary: Ms Joshika Dsouza

Student Council Secretary: Sr Rose Paul Coutinho

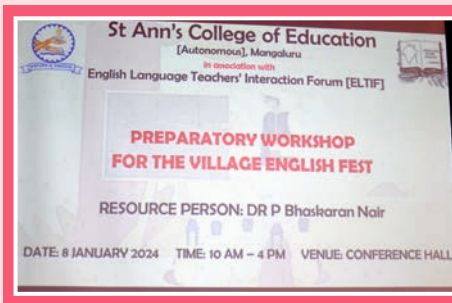
The formal inauguration of B.Ed was held on April 1, 2023. Fr Robert D'Souza, Principal, Lourdes Central School, Mangaluru and our IQAC member was the chief guest. The principal administered the oath to the student cabinet.

Award Received

Our students won the first place in the Inter B.Ed. College Cultural Competition organized by St Aloysius Institute of Education, under the banner, EDUTARANG - 2023.

Backup Village English Fest

In order to prepare the student teachers for the Backup village English fest and to give them a brief idea about activity centered approach in English language teaching, a preparatory workshop was held on 8th of January 2024, followed by webinars on January 12, 20, 22 and 23 of January by Dr Bhaskaran Nair, former faculty at Kannur University, Pondicherry Central University and Hindustan University Chennai and also a founder member of ELTIF and Dr Vinija, English Professor, Kerala University. The vision statement of this programme was “ENGLISH FOR ALL AND ALL FOR ENGLISH”. EMPOWERING RURAL INDIA THROUGH ENGLISH LANGUAGE EDUCATION WAS THE SOLE MOTIVE OF THE PROGRAMME”. The village fest was scheduled on 26, 27 and 28 of January, 2024 at Balussery by ELTIF in association with St Ann’s College of Education Mangalore in coordination with Balussery assembly constituency with the help and support of heads of institution of three schools.



Service Learning

The Service Learning activity was organized at St Ann’s Higher Primary School in November and December 2023. The student teachers were divided into seven groups and the service-learning activities were carefully planned to cater to diverse learning needs. These included engaging activities such as English rhymes and letters of the alphabet, abhinaya geethe and letters of the Kannada alphabet, fun in math learning, science experiments, Spoken English sessions, map reading exercises and lessons on the formation of sentences and grammar in both Kannada and English. This period of hands-on experience not only provided invaluable insights into practical teaching methodologies but also allowed to build meaningful connections with students, educators, and administrators at St Ann’s Higher Primary School, Mangaluru.



ACTIVITIES OF THE INSTITUTION

JANUARY 2024 TO JUNE 2024

Spiritual Orientation

- ♦ A one day Spiritual orientation on February 01 was organized. Fr Roshan D'Souza and Fr Lenson Lobo, Administrator, Nirmala English Medium School, Brahmavar were the resource persons.

Academic and Professional Growth

- ♦ A two day seminar on Family Life education was organized on 18 and 19 January 2024. Fr Dr Praveen Leo Lasrado, Ms Vidya Shenoy, Prof Uday Kumar, Dr Joylene D'Almeida, and Dr Diya Mathew were the resource persons provided an input on Orientation to Family Life Education, Unlock your personal power, Legal Provisions for women's rights, Navigating female physiology and Nutrition in pregnancy respectively.
- ♦ Integrating Art and Drama in Education by Dr Kumaraswamy H., Lecturer, Government College of Teacher Education, Mangaluru on March 27.
- ♦ Dynamics of Concentration and Meditation by Rev Dr Fr Ivon D'Almeida on April 22.
- ♦ E-content development on march 26 by Dr Flosy C.R. D'Souza, Associate Professor, St Ann's College of Education was the resource person.
- ♦ Integrating Performing Arts in Education by Dr Arathy Shetty, Director, Sri Devi Nritya Kendra, Bunts Hostel Road, Mangaluru on May 14.
- ♦ Kinesthetic movement to develop Theatre skills by Mr Sheena Nadoli on June 11, 2024.
- ♦ Workshop on Theatre Art by Mr Christopher John D'Souza, Ms Sweedal D'Souza, Ms Anagha, Mr Joel and Mr Abhishek on June 12.

Student Council

The election of the Student Council for the year 2024 was held. The following were elected as representatives

Student President: Ms Swasthi Rai

Student Vice President: Ms Sumitha Bangera

Sports Secretary: Ms Madhusmitha

Cultural Secretary: Ms Yashaswini

Student Council Secretary: Sr Nishmitha D'Souza

The formal inauguration of B.Ed. programme for the year 2023-25 was held on April 23. Dr Farita Veigas, Principal, St Aloysius Institute of Education was the Chief Guest and Sr Maria Smitha A.C., Joint Secretary, St Ann's College of Education presided over. The student council undertook the oath pledging to serve as effective leaders.

Celebration of Days of Significance

- ♦ The Red Cross Day was celebrated on May 9. Dr Sumana Bolar, Head of the department of Sociology, Government First Grade College, Balmatta was the Chief guest.
- ♦ Celebration of World Environment Day on June 7. Prof Vineetha, Roshni Nilaya College, Mangaluru was the chief guest. A street play was conducted highlighting the significance of the day.
- ♦ Celebration of International Yoga Day on 21 June.

Educational Tour

- ♦ A Four day Educational tour was organized to Chennai for the third semester students from March 12 to 17. The places visited were Government Museum and Art Gallery, St Thomas Mount National Shrine, Anna Centenary library, B.M. Birla Planetarium, Dr Solomon Victor Heart Museum, Mahabalipuram and the shore temple.

Faculty Development Programmes

- ♦ The teaching staff had a two day enriching session on March 6 and 7, 2023 on the topic, 'Qualitative Research – Designs and Methods'. Dr Shefali Pandya, Retired Professor and Former Head, Department of Education, Mumbai University was the resource person.
- ♦ On March 20, 2024, Dr Sr Jeswina A.C., Former Principal, St Agnes College, Mangaluru addressed the staff on the topic, 'The Stamp of Apostolic Carmel Education'.
- ♦ The non teaching staff had a session on Professional Ethics by Sr Ida Barboza A.C., Former Secretary, Apostolic Carmel Educational Society, Karnataka Province on March 30, 2023.
- ♦ Sr Maria Shubha A.C., Former Secretary, Apostolic Carmel Educational Society, Karnataka Province addresses the non teaching staff on the topic 'Inspire and Empower' on March 9, 2024.



Student Council Inauguration



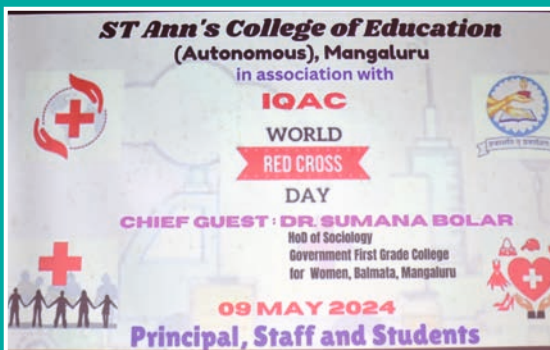
Blood Donation Camp



Cyber Security



Red Cross



Expressions....

The Alumnae Newsletter

Days of Significance



Talent Synergy



Expressions....

The Alumnae Newsletter

Art and Drama in Education



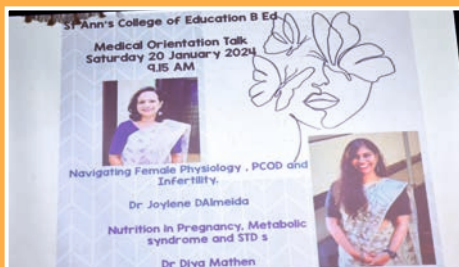
Tour



Spiritual Orientation



Family Life Education



Content Enrichment



Training in Yoga and Self Development



Outreach Programme



Sports Day



Annual College Day

The College Annual Day was celebrated on January 17, 2024. Fr Dr Praveen Martis, S.J., Principal, St Aloysius College was the chief guest. The programme included the college report, prize distribution for various competitions and cultural events.



Gauri Desai (B.Ed - 2017) - Kalpesh Pawar 15-05-2023

Asmitha Tauro (B.Ed - 2021) - Ashel D'Souza 21-05-2023

Pearl Candida D'Souza (B.Ed - 2023) - John Fernandes 14-01-2024

Dhanyashree (B.Ed - 2018) - Gaganraj 21-04-2024



Expressions....

The Alumnae Newsletter

Graduation Day 2023

The Graduation Day 2023 was held on March 24, 2023. Dr Gerald Santhosh D'Souza, Dean, Faculty of Education, Director, Department of Physical Education, Mangalore University was the chief guest. The toppers of B.Ed. and M.Ed. were awarded with gold medals and cash prizes and scholarships were also awarded during the occasion.



Graduation Day 2024

The Graduation Day 2024 was held on April 30, 2024. Prof Dr Alwyn D'Sa, Registrar, St Aloysius College, Mangaluru was the chief guest. The toppers of B.Ed. and M.Ed. were awarded with gold medals and cash prizes and scholarships were also awarded during the occasion.



We mourn the sad demise of...



Mary Grace Morris (74)
Expired on 23-09-2023
(Batch 1972-73)



Hilda Aloysius (84)
Expired on 20-09-2023



Jasmine Crasta (37)
Expired on 29-01-2024
(Batch 2007-08)



Sr Maria Sheila AC (78)
Expired on 07-06-2024
(Batch 1990-91)



Expressions....

The Alumnae Newsletter

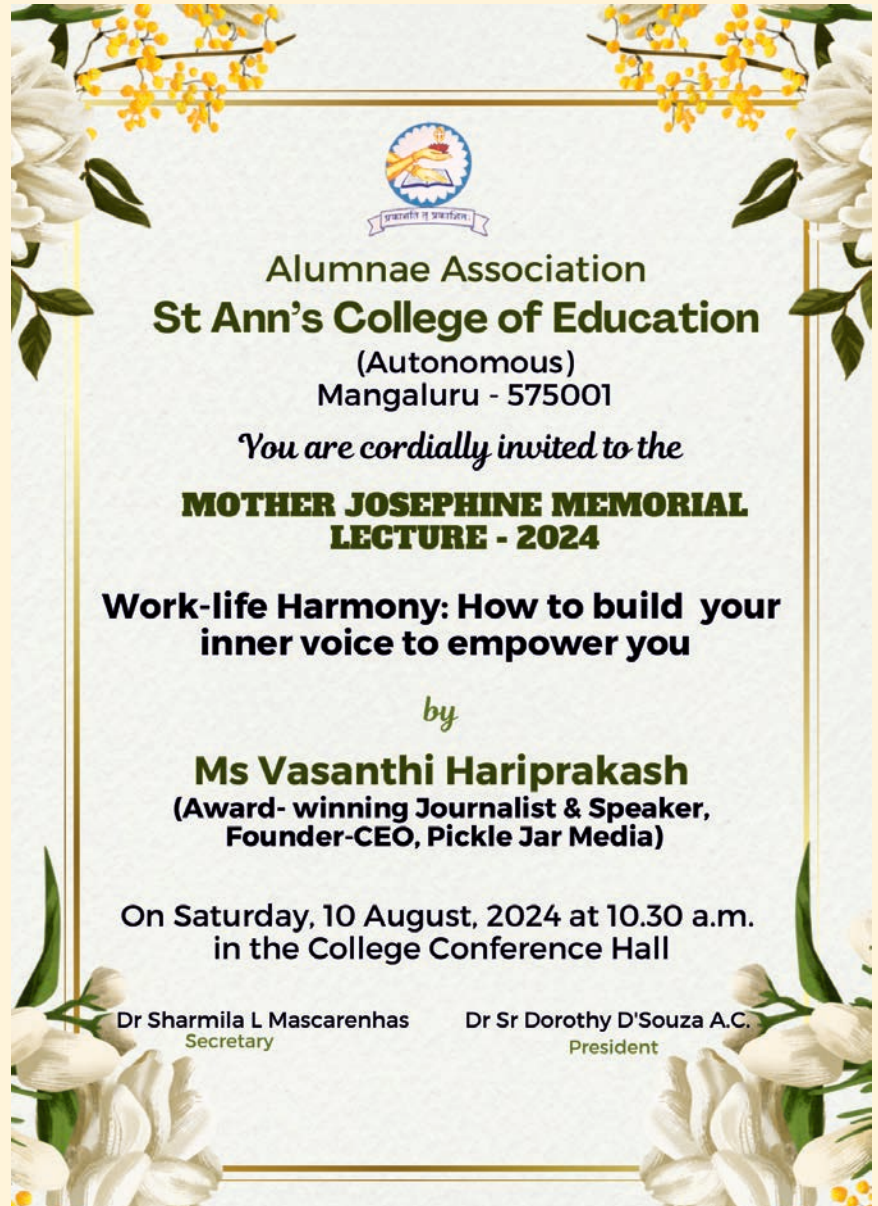
ALUMNAE ANNUAL DAY

The highlights of the day will be

- ♦ Mother Josephine Memorial Lecture 2024 by Ms Vasanthi Hariprakash, Award Winning Journalist and Speaker, Founder - CEO, Pickle Jar Media on the topic, 'Work Life Harmony: How to build your inner voice to empower you'
- ♦ Annual General Body Meeting
- ♦ Games
- ♦ Fellowship meal

Dear Alumnae,

- ♦ The Alumnae Annual Day is meant for both the members of the Alumnae Association and non-member alumnae of our college. We warmly invite you to come in large numbers for the Mother Josephine Memorial Lecture on Saturday, 10 August, 2024.
- ♦ Those of you who have completed your higher studies and cleared any competitive examinations, please inform the college office.
- ♦ Whenever you are in need of a teaching job, kindly inform. You will be helped through the job placement cell.
- ♦ Please confirm your presence for the Alumnae Annual Day.



DATE : Saturday, 10 August, 2024 TIME : 10.00 a.m. to 1.00 p.m.

VENUE : St Ann's College of Education (Autonomous)

From,

ALUMNAE ASSOCIATION

St Ann's College of Education (Autonomous)
Mangaluru - 575 001

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